

CHDP Provider Resources for Child Bone Health Education on the Internet

Bone Health

Centers for Disease Control and Prevention

www.cdc.gov/nccdpnp/dnpa/bonehealth/index.htm

- Information, FAQs, ready-to-print color calendar; resource links
- English only

Powerful Bones. Powerful Girls. website for girls

www.cdc.gov/powerfulbones/index_content.html

Powerful Bones. Powerful Girls. website for parents

www.cdc.gov/powerfulbones/parents/index.html

Bone Health and Osteoporosis: A Report of the Surgeon General

Department of Health and Human Services

www.hhs.gov/surgeongeneral/library/bonehealth/

- Downloadable slide presentation; ready-to-print report and fact sheets
- Primarily English; some materials in Spanish
- Order single free copies of report, summary, booklet, and poster

California Milk Advisory Board

California Department of Food & Agriculture and the dairy industry

www.realcaliforniachese.com/ Go to: *Nutrition Information*

- Ready-to-print educational brochures
- English, Chinese, Japanese, Korean, Spanish, Tagalog and Vietnamese

California Project LEAN

California Department of Health Services, Chronic Disease Control Branch

www.dhs.ca.gov/LEAN

- Information and materials on healthy eating and physical activity
Ready-to-print **Mas Leche 1%** (More 1% Milk) color brochure in Spanish
www.californiaprojectlean.org/Assets/1019/files/MasLeche.pdf
- Primarily English; some materials in Spanish
- Order low-cost consumer education materials

Child Health and Disability Prevention Program

California Department of Health Services, Children's Medical Services

<http://dhs.ca.gov/pcfh/cms/chdp/publications.htm>

- Ready-to-print health and nutrition education brochures
- Ready-to-print health care provider nutrition screening forms
- English, Spanish and Vietnamese materials

Dairy Council of California

Non-profit organization funded by the dairy industry

www.dairycouncilofca.org

- Ready-to-print handouts in English and Spanish
- Order educational brochures in English and Spanish
free to educators and health professionals working in California

Foundation for Osteoporosis Research and Education

Non-profit resource center funded by public and private donations

www.fore.org/

- Information, ready-to-print handouts, resource links
- English only
- Order "Osteoporosis: Guidelines for Physicians" at low cost

Maternal, Child & Adolescent Health Branch

California Department of Health Services

<http://www.mch.dhs.ca.gov/> Go to: *Reports and Publications*

- Ready-to-print health education materials
- Primarily English; some materials in Spanish

Calcium (from *Nutrition and Physical Activity Guidelines for Adolescents*)

www.mch.dhs.ca.gov/documents/pdf/calcium.pdf

Milk Matters Calcium Education Campaign

National Institute of Child Health and Human Development, NIH

www.nichd.nih.gov/milk/milk.cfm

- Information; ready-to-print brochures, posters, and coloring book
- English and Spanish websites and materials
- Order free brochures, posters, stickers, and coloring book

2005 Dietary Guidelines

Executive Office of the President

and the Department of Health and Human Services

www.healthierus.gov/dietaryguidelines/

- Ready-to-print report, summary, consumer brochure; resource links
- Primarily English; some materials in Spanish
- Order full report and brochures at low cost